


Stockbridge Central School

Lunch Menu February 2020



	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><i>Menu subject to change!</i></p>  <p>Choose MyPlate.gov</p> <p>* Make at least 1/2 your plate Fruits & Veggies</p> <p>* Switch to Skim or 1% Milk</p> <p>* Make at least 1/2 your grains Whole Grains</p> <p>* Vary Proteins: Meat, Fish, Poultry & Legumes</p>	3 RIVERBEND FARM BEEF BURRITOS & SPINACH SALAD	4 CHICKEN FAJITAS & SWEET POTATO FRIES	5 GOULASH & STEAMED CARROTS	6 RIVERBEND FARM BEEF CHILI & CORN BREAD	7 CHICKEN CAESAR WRAP W/CARROT STICKS	<p>LUNCH PRICES</p> <p>Paid \$2.95 Reduced \$0.00 Adult \$3.60 Milk \$.50</p> <p>BREAKFAST PRICES</p> <p>Paid \$2.00 Reduced \$0.00 Adults \$2.25</p> <p><u>Daily Menu Items</u></p> <p>Tossed Salad w/Assorted Leafy Greens and Veggies</p> <p>Fresh Fruits</p> <p>Milk Choice:</p> <p>1% White Milk Skim Chocolate Milk</p> <p>Contact Information:</p> <p>Pam Gendron Food Service Director</p> <p>Phone 802-234-9248 pgendronwrvsu.org</p>
	10 RIVERBEND FARM SLOPPY JOES ON WW ROLLS	11 CHEF SALAD W/TURKEY, HAM, CHEESE & EGGS	12 CHICKEN PARMIGIANA OVER SPAGHETTI & GREEN BEANS	13 BBQ PULLED PORK ON WW ROLL & STEAMED CARROTS	14 EARLY RELEASE @ 12 HAM OR TURKEY ON WW BREAD W/LETTUCE & TOMATO	
	17 MEATBALL SUB W/SALAD BAR	18 BREAKFAST 4 LUNCH PANCAKES, SAUSAGE & CARROT STICKS	19 PIZZA & SALAD BAR	20 RIVERBEND FARM BEEF TACOS SOFT SHELL W/LETTUCE, TOMATO & SALSA	21 CHICKEN OR TUNA SALAD ON PITA BREAD W/LETTUCE & TOMATO	
	24 WINTER VACATION	25 WINTER VACATION	26 WINTER VACATION	27 WINTER VACATION	28 WINTER VACATION	
	MARCH 2 WINTER VACATION	MARCH 3 SMORGASBORD & CARROT STICKS				

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Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Yogurt Cereal	Muffins	Eggtastic Morning Meal	Granola Yogurt Fruit	Tasty Fruit & Chef Pams Choice